

Myers' Cocktail



Myers' Cocktail (Intravenous Micronutrient Therapy)

Intravenous Micronutrient Therapy, known commonly as Myers' Cocktail, is an infusion used to treat migraine headaches, fibromyalgia, chronic fatigue, acute upper respiratory infections, chronic sinus disease and asthma.

How does Myers' Cocktail Work?

When prescribed, Myers' Cocktail provides an infusion of micronutrients, including vitamins, minerals, amino acids and antioxidants, directly into the body, exceeding the amount that could be administered orally. The positive results of Myers' Cocktail continue to be studied, and the belief is that some patients have an inability to process nutrients properly, resulting in problems with bodily systems, including the immune system that controls inflammation. Furthermore, high blood doses of micronutrients foster our neurological health and the maintenance of our nerves, as well as stabilize nerve conduction and help the blood vessels to dilate and bear more oxygen, ultimately helping muscles to relax.

What is the Recommended Dosage?

Myers' Cocktail is administered intravenously, over a period of 30 to 60 minutes. It is recommended that patients undergo treatment weekly for a minimum of eight weeks, followed by bi-weekly or monthly infusions thereafter.

Will I Experience Side Effects?

When administered with care, there are no noted side effects of Myers' Cocktail.

Is Myers' Cocktail Right For Me?

As with any therapy, your healthcare provider will advise you on whether or not you're a candidate for Myers' Cocktail. Treatment is generally not recommended for those patients diagnosed with kidney disease and cardiac arrhythmias, or those with an allergy to thiamine. It should be noted that although thousands of patients are currently receiving Myers' Cocktail and have experienced significant results, this treatment is considered experimental. However, if effective, the treatment can eliminate the need for other, more harmful medications.

***Disclaimer:** Dr. Lesley James has prepared this monograph as a supplement for patients in order to share information and research related to cancer patient care. This information is designed to summarize evidence-based research and does not advocate for or against the use of Myers' Cocktail. Every effort has been made to ensure that the information is accurate as pertaining to the date published. The information included in this monograph does not include a comprehensive list of potential adverse effects, as individuals may experience unique side effects. This monograph should not be utilized as medical advice nor should it replace the advice of a licensed health care provider.*

(Source: www.ncbi.nlm.nih.gov/pubmed/19250003).